



FOODLAND

Easy Entertaining

Freshly prepared trays for any occasion.

You Invite the Guests, We'll Do the Rest

Whether it's for a few or a few hundred, we have a variety of fresh, delicious platters to help with all your entertaining needs. So you spend less time in the kitchen, more time enjoying the event.

Plan your menu with this brochure as your guide. Then visit your local Foodland Deli Manager to discuss your choices and your pick-up time and date. We're happy to help with any special requests or instructions. Since all our platters are made fresh for you, please allow a minimum of 24 hours' notice when placing orders.

Due to the seasonality and market availability of some items, it may be necessary for some substitutions to be made. Items may not be exactly as shown. Some trays or items may not be available at all stores.

ALLERGY ALERT: PRODUCTS MAY CONTAIN OR MAY HAVE COME IN CONTACT WITH FOOD ALLERGENS. PLEASE ASK FOR ASSISTANCE IF YOU HAVE QUESTIONS.

Adults and youth (ages 13 and older) need an average of 2,000 calories a day, and children (ages 4 to 12) need an average of 1,500 calories a day. However, individual needs vary.

FOODLAND

Browse

Find our full range inside

Order

Place your order in store

Pick Up

Ready for you at your local Foodland

Tasty Tidbits

Our variety of deli & cheese platters gives your guests a chance to sample everything. Freshly sliced and prepared, they make entertaining easy, whatever the occasion.

Cold Cut Classics

Fill sandwiches with freshly-sliced *Compliments* Angus roast beef and Black Forest ham, plus oven-roasted turkey and chicken.

Small: serves 6.
Large: serves 12.



Hello Castello!

An internationally renowned collection. Large platter includes: Castello creamy white cheese, traditional blue, aged havarti, savoury onion cheddar and a flavoured ring of cream cheese. Small platter includes: Castello creamy white cheese, traditional blue and aged havarti.

Small: serves 10.
Large: serves 15.

Perfect as an appetizer, snack or with fruit



CHEESE & MEAT

True North Cheese

A proudly Canadian assortment of garlic and herb goat cheese, COWS Creamery aged cheddar, Traditional Blue Cheese from Castello and OKA. **Serves 10.**



Charcuterie & Cheese

Our French-style selection includes rosemary ham, salami, double cream brie and Oka cheese, paired with cornichons, olives, dried fruits, nuts and crisps.

Serves 8.



Italian Style

A perfect way to start a meal or serve with drinks. Includes prosciutto, sopressata and capocollo cured meats, and Parmigiano Reggiano, bocconcini and fontina cheeses.

Serves 8.



European Cheese Board

Popular picks from across Europe. Includes wedges of Stilton, Dubliner, Manchego and Gouda.

Serves 10.



Simple Meat & Cheese

These family favourites include marble cheddar, smoked Gouda and Swiss cheeses paired with kielbasa, pepperoni bites and summer sausage.

Small: serves 4.
Large: serves 8.

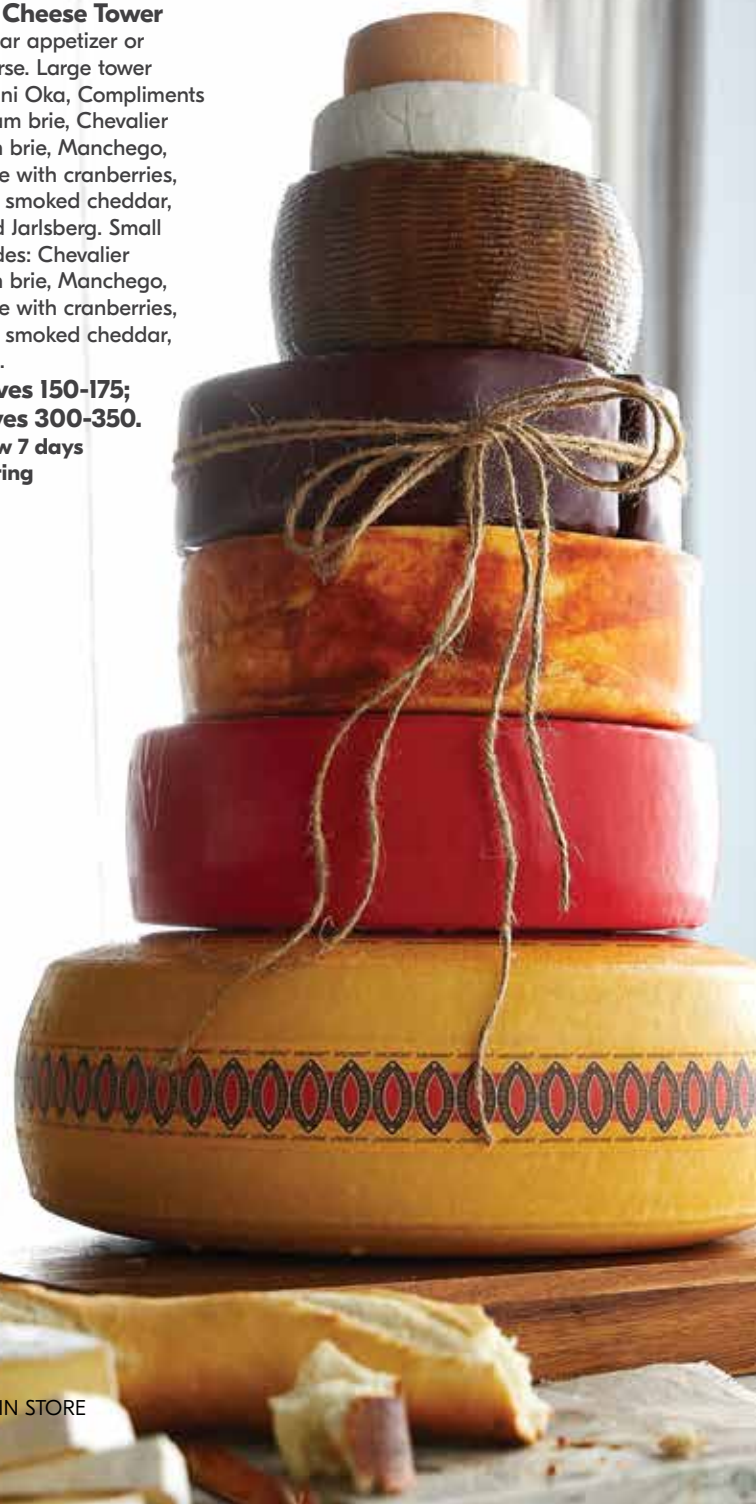
Mix & Mingle

Always popular, our meat and cheese trays are ideal for times spent with family and friends – parties, get-togethers, and easy midweek meals.

Specialty Cheese Tower

A spectacular appetizer or dessert course. Large tower includes: mini Oka, Compliments double cream brie, Chevalier triple cream brie, Manchego, Wensleydale with cranberries, Applewood smoked cheddar, fontina, and Jarlsberg. Small tower includes: Chevalier triple cream brie, Manchego, Wensleydale with cranberries, Applewood smoked cheddar, and fontina.

Small serves 150-175; large serves 300-350.
Please allow 7 days when ordering



Beautiful Bites

Our most popular cheeses cubed for easy nibbling. Mild cheddar, provolone, creamy havarti, Swiss and marble cheddar.

Small: serves 8. Large: serves 15.



Sliced and Ready

Conveniently sliced for building amazing sandwiches. Includes cheddar, provolone, creamy havarti, Swiss and marble cheddar.

Serves 15.



Best of Both Worlds

Crowd favourite meat and cheese slices freshly prepared for buffets and sandwiches. Includes Swiss, mild and marble cheddar, ham, turkey and beef.

Small: serves 4. Large: serves 8.

CHEESE & MEAT



Cheese Quartet

A selection of our favourites including Applewood smoked cheddar, brie, Gouda and Parmigiano Reggiano.

Serves 10.



Mediterranean Dreams

A tasty antipasto assortment which includes black and green olives, marinated artichoke hearts, roasted red peppers, sun-dried tomatoes, and stuffed jalapeños.

Serves 10.



C'est Gourmet

We've prepped the perfect spread to create mouth-watering charcuterie. Includes prosciutto, pepperoni sticks, spicy Genoa salami, mortadella, rosemary ham, and stuffed olives

Serves 12.

Cocktail Hour

Be ready in a flash with handmade hors d'oeuvres including prosciutto-wrapped cantaloupe, blue cheese-stuffed dates, and caprese salad skewers.

Small: serves 8. Large: serves 16.

Fresh Sushi

Your fave Japanese takeout meets the convenience of your own home.

Kazoku Platter

Cucumber Hosomaki and California Rolls (in standard, spicy, and vegetable) come together to please vegetarians and seafood lovers alike. 53 pieces.

Serves 6.



Matsuri Platter

From classic nigiri (salmon, tuna, and shrimp) to fusion rolls (think: Dynamite Crunch and Volcano Rolls), this tray brings a taste of Japan to the dinner table. 39 pieces.

Serves 6.



Enkai Platter

Eight varieties of sushi, one convenient to-go tray. This fresh mix of flavour-rich and protein-packed sushi is a total crowd-pleaser. 58 pieces.

Serves 7.

All platters come with chopsticks, wasabi, ginger, and soy sauce



Atsumari Platter

This premium sushi tray has all the restaurant hits, with a mix of maki, rolls, and nigiri; raw and cooked seafood (and vegetarian options, too!); as well as fusion and classic faves. 51 pieces.

Serves 6.

Sushi platters available at select stores only



SANDWICHES & WRAPS

Tasty Triangles

Popular sandwiches made with white and whole wheat bread and cut into triangles. Ask in store for full selection.

Small: serves 5.
Large: serves 10.



Lunch Bunch

Choose from our delicious selection of sandwiches to satisfy all appetites. Just add salads to round out the menu.



Sub Culture

Great for feeding a crowd! Our freshly prepared subs are made with turkey breast, roast beef and Black Forest ham. Ask in store for additional varieties. **Small: serves 5. Large: serves 10.**



Take the Wrap

An appetizing assortment of freshly prepared wraps, including Chicken Caesar, Crispy Chicken, Turkey Club, and Buffalo Chicken. Ask in store for full selection. **Small: serves 5. Large: serves 10.**

A Natural Choice

Your guests can enjoy a variety of options with our pre-cut fresh fruit, vegetables and salads.

Enjoy a taste of the islands

Tropical Cruise

A generous offering bursting with kiwi, sweet mango, guava, dragon fruit, papaya, pineapple, passion fruit, goldenberries, blackberries and red seedless grapes. **Serves 20.**

Fruit pairs perfectly with cheese

Nature's Bounty

A beautifully presented variety of fresh berries, pineapple, red and green seedless grapes, kiwi, cantaloupe, watermelon and honeydew. **Serves 20.**



Fresh Fruit Favourites

Fresh-cut fruit to satisfy large gatherings. Includes red and green seedless grapes, strawberries, pineapple, cantaloupe, watermelon and honeydew. **Serves 15.**



Fresh Fruit Kabobs

Fruit is more fun when served kabob-style. Includes kiwi, honeydew, pineapple, strawberry and watermelon. **Serves 24.**



Fresh Fruit To-Go

Refreshing classics including watermelon, cantaloupe, honeydew, pineapple and strawberries. **Serves 8.**



Fresh Veggies To-Go

Complement any meal with crunchy baby carrots, broccoli, cauliflower, celery and cucumber. Served with classic ranch dip. **Serves 8.**



Veggie Might

An array of our premium vegetables, including stringless snap peas, mini sweet peppers, mini cucumbers, grape tomatoes, carrots, cauliflower and broccoli. **Serves 15.**



Dunk & Crunch

Crisp broccoli florets, sugar snap peas, baby carrots, English cucumbers and grape tomatoes. With classic and roasted garlic hummus for dipping. **Serves 6.**



Ready-to-Cook Grillers and Roasters

Grilling and roasting bring out the best in veggies. See in store or online for full selection. Assortment may vary seasonally. **Serves 4-5.**

FRUITS & VEGGIES

Rainbow Veggie

A bounty of freshly prepared seasonal vegetables – broccoli, cauliflower, baby carrots, grape tomatoes, sweet peppers, celery, radishes and English cucumbers. **Serves 15.**

Bring crunch and colour to the table

SALADS TO SHARE



A Tasty Spin on Spinach
We up the ante with tender baby spinach, fresh strawberries and blueberries, sweet dried cranberries, walnut pieces and raspberry vinaigrette dressing.
Serves 10.

Fruit and nuts enhance the salad's flavours



Gardener's Harvest Salad
Romaine, spring mix and iceberg lettuce topped with cucumbers, grape tomatoes, red onions, red cabbage, sweet peppers and balsamic vinaigrette.
Serves 10.



Chicken Caesar for a Crowd
Made with romaine lettuce, shredded Parmesan cheese, real bacon bits, seasoned chicken breast slices, lemon wedges and Caesar dressing.
Serves 10.



Colossal Greek Salad
This Mediterranean-style salad is made with crisp romaine and iceberg lettuce, sliced cucumbers, grape tomatoes, red onions, black olives, crumbled feta cheese and Greek dressing.
Serves 10.



Caesar for a Crowd
Inspired by tradition and prepared with fresh romaine lettuce, real bacon bits, Parmesan cheese, lemon wedges and creamy Caesar dressing.
Serves 10.



Take Your Pick

With so many options, it's a cinch to serve delicious salads that will appeal to everyone.

Specialty Salads
So convenient and easy to serve, these salads are bursting with delicious ingredients and flavours. See in store or online for selection. Assortment may vary seasonally.
Serves 3-4.



Insalate Caprese
Wonderfully fresh and light tasting. Made with sliced mozzarella, tomatoes and basil, drizzled with balsamic glaze.
Serves 8.

The sweet and tangy balsamic glaze enhances the salad's flavours



Classic Salads
These popular picks pair well with lunch or dinner. See in store for full selection.
Serves 6.

Finger Food Faves
 30 mouthwatering southern-style chicken wings and two whole racks of saucy baby back ribs to satisfy the hungriest of guests. With choice of wing sauce. Small includes 15 wings and 1 rack of ribs. **Small: serves 6. Large: serves 12.** Choice of 4 sauces.

HEAT IT UP!



Add some vegetable sticks for extra crunch



HEAT IT UP!

Roadhouse Platter
 This ultimate party tray features 30 southern-style chicken wings and 15 breaded chicken tenders. With 2 wing sauces. Small includes 15 wings and 8 chicken tenders. **Small: serves 6. Large: serves 12.** Choice of 4 sauces.



Party Pleasers

It's hard to resist these comfort food dishes. Precooked items are ready to heat, so they can be enjoyed in no time.

11 ORDER IN STORE



Pizza Night Done Right
 From oven to table in a flash, this fresh combo includes 2 pizzas, 2 flatbreads, and dipping sauce. Ask in store for full selection. **Serves 6.**

The Big Dipper
 Who can resist this classic! Pumpernickel loaf hollowed out and filled with tasty spinach dip. Includes sliced baguette for dipping. **Serves 12.**



ORDER IN STORE 12



Our Buttery Best
A sweet idea any time of the day.
A variety of all-butter croissants and danishes.
Serves 12.

Good Mornings!

Whether it's an early event or a casual brunch, our breakfast selections are sure to please.

Rise & Shine
An assortment of muffins and all-butter pastries.
Serves 12.



Manhattan Morning
Our New York-style bagels are deliciously moist and chewy on the inside.
Serves 12.



Yogurt Parfaits
Simple and satisfying creamy yogurt with fresh fruit and granola.
See in store for full selection. Packaging may vary by region.
Serves 1.



Mixed Fruit Salad
A refreshing mix of watermelon, cantaloupe, honeydew, pineapple, strawberries and blueberries. See in store for full selection.
Serves 4.



**MORE FRUIT TRAYS!
PAGES 7 & 8.**

Treat Time

With our wide range of treats, your get-togethers will end on a sweet note.

Take the Cake
With one single layer 8-inch cake and 12 cupcakes, everyone can have their cake (and eat it, too). Ask store for decorating options and flavors
Serves 18-25.



Cookie Lover's Bliss
Ideal for casual entertaining and is always a hit. Assorted store-baked cookies and coconut macaroons.
Small: serves 10. Large: serves 20.



Take a Break
Just right when you're serving coffee and tea. Assorted bite-size treats and sliced loaf cake
Small: serves 10. Large: serves 20.



Dessert Bars
Our hand-cut squares are a welcome addition to any table. **Small: serves 15. Large: serves 20.**



Build-a-Cupcake Kit
Ready, set, start decorating! With pre-made cupcakes, ready-to-pipe frosting, and sprinkles galore, this DIY kit is perfect for kids. **Makes 12.**